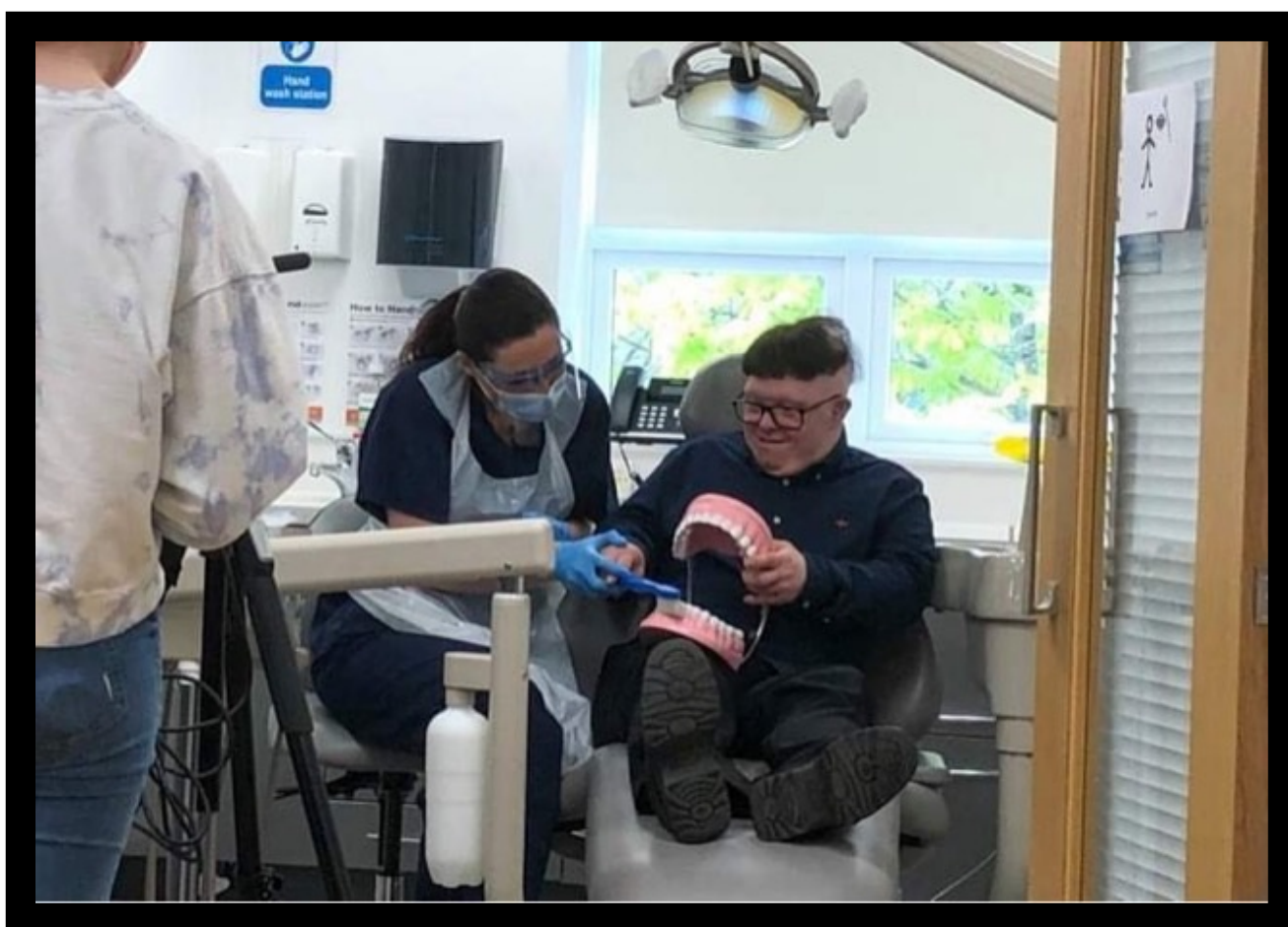


Your

dental

appointment

- a positive choice



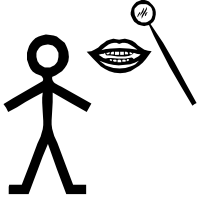
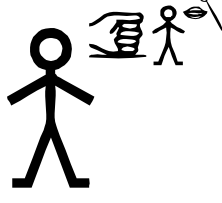
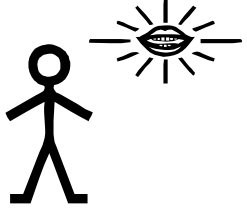
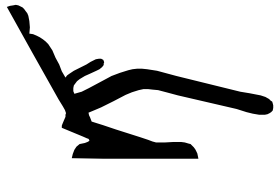
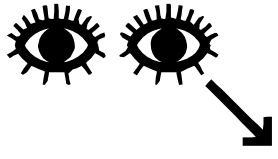
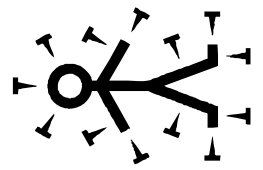




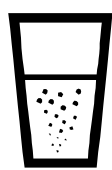

This pack contains prompt cards to use at a dental appointment or to talk about what happens at a dental appointment. It also contains a caring for teeth at home resource with Makaton signs & symbols.



Dentist Makaton Prompt Cards

Best Printed as 2-sided, Actual Size. Laminate and cut up to attach to a key ring for quick reference prompt.
Resource created by Amanda Glennon



| | | |
|-------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|
|  Dentist |  Dental Nurse |  Dental Hygienist |
|  Dentist's Chair |  Look |  Pain |
|  Teeth |  Toothache |  Calm |
|  Sit |  Drink |  Good |

This resource pack is designed to use at home and also at dental appointments

A video to help support people with learning disabilities at their dental appointments is

available here : <https://youtu.be/bqbm6ZfT7jE>





Dentist Makaton Prompt Cards

Best Printed as 2-sided, Actual Size. Laminate and cut up to attach to a key ring for quick reference prompt.

Resource created by Amanda Glennon



| | | |
|------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|
| <p>Index finger taps teeth twice + Hand moves down slightly</p> <p>Dental Hygienist</p> | <p>Index finger taps teeth twice + Thumb traces cross on outside of arm</p> <p>Dental Nurse</p> | <p>Index taps teeth twice + Hand moves down slightly</p> <p>Dentist</p> |
| <p>Position hand at appropriate part of body and shake hand</p> <p>Pain</p> | <p>Look</p> | <p>Dentist's Chair</p> |
| <p>Calm</p> | <p>Point to tooth then shake hand at side of mouth</p> <p>Toothache</p> | <p>Teeth</p> |
| <p>Good</p> | <p>Small movement</p> <p>Drink</p> | <p>Sit</p> |

This resource pack is designed to use at home and also at dental appointments

A video to help support people with learning disabilities at their dental appointments is

available here : <https://youtu.be/bqbm6ZfT7jE>





Health Education England

Caring for your teeth - a positive choice

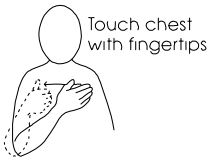
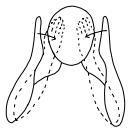

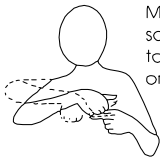




This home resource is intended to support teeth brushing twice a day.



Use the morning & evening, or 1 & 2 symbols opposite as appropriate - cut out and stick into the schedule resource on next page. Page can then be laminated and activities ticked in pen as completed.

| | |
|----------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|
|  <hr/> Morning |  <hr/> Evening |
| <h1>1</h1> 1 | <h1>2</h1> 2 |

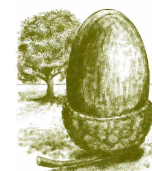
SIGN BANK: Please find the line drawings below to support your teeth brushing.

| | | | |
|----------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|
|  Morning |  Evening |  Toothbrush |  Toothpaste |
|  Brush Teeth |  Spit |  Finish |  Well done |

This resource was designed alongside a video to help support people with learning disabilities at their dental appointments.. The video is available on YouTube :

Health Education England - HEE > Your Dental Appointment - A Positive Choice

We would like to thank the following contributors:



Caring for your teeth - a positive choice



Place morning or 1
symbol here

Place evening or 2
symbol here



Toothbrush



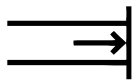
Toothpaste



Brush Teeth



Spit



Finish